

Lunch Includes:

- *Main Item
- *Choice of Vegetable Side
- *Choice of Fruit Side
- *1/2 Pint Milk

Catholic Diocese of Cleveland
 Nutrition Services
 Nourishing Tomorrow, Today



Price per lunch:
\$3.00

If writing a check,
 please make payable to:
DOC Nutrition Services

LUNCH Menu Correspond the cycle week to the color-coordinated calendar below. **January-May 2024**

CYCLE WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	Chicken Nuggets with a Roll Seasoned Potato Wedges Mixed Fruit <i>or</i> Seasonal Fresh Fruit	Riblet with a Breadstick Baked Beans <i>or</i> Tossed Garden Salad Peaches	Meatball Sub Broccoli Pears <i>or</i> Seasonal Fresh Fruit	Chicken Tenders French Fries <i>or</i> Tossed Garden Salad Fruit Cup	Mozzarella Sticks with Dipping Sauce Carrots Applesauce <i>or</i> Seasonal Fresh Fruit Cookie Treat!
2	Hamburger <i>or</i> Cheeseburger on a Bun Broccoli Pineapple <i>or</i> Seasonal Fresh Fruit	Pasta with Meat Sauce & Garlic Toast Green Beans <i>or</i> Tossed Garden Salad Fruit Cup	Meatballs in Gravy and a Breadstick Mashed Potatoes with Gravy Applesauce <i>or</i> Seasonal Fresh Fruit	Chicken Drumstick with a Roll Baked Beans <i>or</i> Tossed Garden Salad Fruit Yogurt Parfait Cookie Treat!	Cheese Quesadilla Carrot Sticks with Dip Peaches <i>or</i> Seasonal Fresh Fruit
3	Pepperoni Pizza Carrot Sticks with Dip Pears <i>or</i> Seasonal Fresh Fruit	Walking Taco (Taco Meat, Cheddar Cheese, Tostitos Chips) Black Bean and Corn Salsa <i>or</i> Tossed Garden Salad Frozen Juice Cup	French Toast Sticks with Syrup Tater Tots 100% Fruit Juice <i>or</i> Seasonal Fresh Fruit	Chicken Tenders Potato Smiles <i>or</i> Tossed Garden Salad Fruit Yogurt Parfait	Cheese Stuffed Breadsticks with Dipping Sauce Green Beans Applesauce <i>or</i> Seasonal Fresh Fruit Cookie Treat!
4	Chicken Patty on a Bun Baked Beans Frozen Juice Cup <i>or</i> Seasonal Fresh Fruit	Fiestada Pizza Corn <i>or</i> Tossed Garden Salad Mixed Fruit	Popcorn Chicken with a Breadstick Mashed Potatoes with Gravy Applesauce <i>or</i> Seasonal Fresh Fruit	Hamburger <i>or</i> Cheeseburger on a Bun Broccoli <i>or</i> Tossed Garden Salad Mandarin Oranges	Cheese Pizza Carrots Fruit Cup <i>or</i> Seasonal Fresh Fruit

Please note that regulations require that at least one fruit or vegetable side be chosen with each lunch.
 Substitutions of items may be necessary.

This institution is an equal opportunity provider.

January 2024

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

February 2024

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29		

March 2024

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

April 2024

S	M	T	W	T	F	S
31	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

May 2024

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

Week 1 Meal Plan
 Week 2 Meal Plan
 Week 3 Meal Plan
 Week 4 Meal Plan